

**STATE OF NEW JERSEY**  
**DEPARTMENT OF HUMAN SERVICES**

**TRENTON PSYCHIATRIC HOSPITAL**  
**CLINICAL PSYCHOLOGY INTERNSHIP**  
**TRAINING PROGRAM**

**Trenton Psychiatric Hospital**  
**P.O. Box 7500**  
**West Trenton, New Jersey 08628**  
**(609) 633-1500**

**James E. McGreevey**  
**Governor**

**Gwendolyn L. Harris**  
**Commissioner**

**William J. May**  
**Acting Chief Executive Officer**  
**Trenton Psychiatric Hospital**

**Richard J. Estell, Ph.D.**  
**Director of Psychology**

**Michael A. Siglag, Ph.D.**  
**Director of Psychology Internship Training**

## TABLE OF CONTENTS

ACCREDITATION.....	1
PHILOSOPHY AND GOALS.....	1
PRACTITIONER-SCHOLAR TRAINING MODEL.....	2
THE CONTEXT OF TRAINING.....	2
Where is TPH? What is its mission? Who is treated there?.....	2
The Psychology Department.....	3
Hospital Organization.....	3
Where do interns get their training within TPH?.....	4
What about outpatient or other specialized training experiences? .....	4
THE CONTENT OF TRAINING .....	4
Psychotherapy .....	4
Psychological Assessment.....	5
Professional Role Development.....	5
Outpatient/Specialized Site Clinical Experiences .....	5
Supervision .....	6
Educational Experiences.....	6
TPH PSYCHOLOGY DEPARTMENT .....	6
SALARY AND BENEFITS.....	10
ADMISSIONS REQUIREMENTS.....	10
Predoctoral Candidates.....	10
Post-Doctoral Candidates (changing specialties).....	10
APPLICATION PROCEDURE .....	11
Submission of Application Requests and Materials .....	11
Application Form .....	11
Supportive Materials .....	11
Deadline.....	11
ADHERENCE TO APPIC GUIDELINES .....	11
APA CONTACT ADDRESS.....	11

# **THE CLINICAL PSYCHOLOGY INTERNSHIP TRAINING PROGRAM OF TRENTON PSYCHIATRIC HOSPITAL**

## **ACCREDITATION**

The Psychology Department of Trenton Psychiatric Hospital (TPH), in conjunction with the New Jersey Department of Human Services and affiliated outpatient and specialized training sites offers a one year, full-time (1750 hours), APA accredited internship in Clinical Psychology. We have been APA accredited since 1990. Our next site visit is scheduled in 2005.

## **PHILOSOPHY AND GOALS**

The aim of the predoctoral internship at TPH is to stimulate, support, and shape the professional growth of psychology interns. We seek both to build upon previously acquired competencies, and to facilitate development of new clinical competencies and professional skills. While we seek to enhance development of a broad range of competencies and skills, an important aspect of our training philosophy is to provide all TPH interns with particular expertise in providing psychological services to individuals displaying serious and persistent psychopathology.

Goals of the internship are to graduate interns who will apply the following characteristics to their continuing professional development and practice as psychologists:

1. the capacity to function as competent psychotherapists, psychodiagnosticians and multidisciplinary treatment team members.
2. the ability to conduct themselves in accordance with ethical and cultural sensitivities conducive to sound professional practice.
3. the possession of a repertoire of skills and abilities enabling them to provide effective psychological treatment for individuals displaying severe and persistent psychopathology.

These goals are achieved by providing interns with a program that integrates two broad training dimensions: (1) exposure to clinical and professional roles and experiences, and (2) didactic and supervisory experiences. These experiences are structured according to the unique training needs of each intern.

The first dimension of training, exposure to a range of clinical roles and experiences, is achieved through clinical and other professional role experiences in the psychiatric hospital setting of TPH, and at training experiences at an outpatient or specialized site that matches the intern's training interests. In these settings, interns are exposed to patients and clients representing a broad spectrum of psychopathology and diverse demographic backgrounds. Interns are also exposed to a variety of professional roles, including multidisciplinary treatment team member and case manager.

The second dimension of training, didactic and supervisory experiences, involves education and guidance. Interns receive both individual and group clinical supervision, including at least 3 hours weekly of face to face supervision, and 1 hour of group supervision. Supervisors representing a range of theoretical orientations and areas of expertise provide guidance for interns. Interns also attend a state wide colloquium series as well as seminars and inservice programs based at TPH.

Finally, interns' experiences are structured according to individualized training plans that incorporate intern, supervisor, and university input. New training plans are developed for interns for each 6 month intern rotation.

## **PRACTITIONER-SCHOLAR TRAINING MODEL**

We conceptualize our training model as a practitioner-scholar model. Training at TPH is characterized by intensive clinical experience supported by didactic programming and supervision that exposes interns to current research and literature relevant to their clinical work. Prior to completing the internship, interns demonstrate incorporation of clinical work and scholarship through an annual project. The project may be a case study describing progress of a clinical case, with supporting theory and research. Alternately, interns may take advantage of research opportunities available at TPH, and carry out an original research project relevant to their clinical work.

## **THE CONTEXT OF TRAINING TRENTON PSYCHIATRIC HOSPITAL**

### **Where is TPH? What is its mission? Who is treated there?**

Trenton Psychiatric Hospital (hereafter referred to as TPH) is a 400 bed inpatient facility accredited by the JCAHO. It is located in West Trenton, New Jersey, approximately 20 miles northeast of Philadelphia and 60 miles southwest of Manhattan. It can be easily reached from the New Jersey Turnpike, I-95 or Route 1. TPH provides inpatient psychiatric services to residents of Mercer, Union, Middlesex, and Monmouth counties. Patients 18 years of age and older, from diverse cultural and socioeconomic backgrounds and with serious mental illnesses are provided mental health services designed to mitigate debilitating symptomatology, enhance adaptive functioning, and facilitate successful reintegration into the community.

### **The Psychology Department**

The hospital's psychology department is comprised of 16 psychologists, 4 psychology interns, and 4 Behavioral Management Program Technicians (BMPTs). Nine full time psychologists are licensed in New Jersey, with other department members licensed in Pennsylvania, Colorado, and New York. Supervisors subscribe to a variety of theoretical orientations and provide opportunities for exposure to diverse supervisory styles and professional roles. Qualified supervisors are New Jersey licensed

psychologists who have attended a supervisor training class led by the Chief of Psychology Services of New Jersey.

### **Hospital Organization: 4 Treatment Complexes - Drake, Raycroft, Travers, Lincoln**

The hospital is divided into 4 primary sections or complexes. Each complex has unique functions, but is interdependent with other parts of the hospital.

The **Drake Complex** is primarily composed of the hospital's 3 admissions units. Also in the **Drake Complex** is a unit on which treatment is provided for an extended care population including patients with long standing, debilitating psychiatric disorders and patients with developmental disorders.

The **Raycroft Complex** serves primarily as the hospital's "post-admission" treatment area for patients we describe as "extended acute." **Raycroft** also contains the hospital's infirmary, and a separate unit for male patients who have significant court involvement. This includes patients with detainees, patients designated not-guilty-by-reason-of-insanity, patients in need of competency evaluations, and patients with sexual offender charges.

The **Travers Complex** provides delivery of care in what is commonly called a transitional setting. Patients residing in unlocked renovated houses that formerly were physicians' residences attend programming throughout hospital grounds, as well as utilizing off grounds privileges on weekends. The 79-bed Transitional Living Unit of the Travers Complex prepares patients for discharge into the community through programming that hones self care, self management, interpersonal, work and leisure skills. Psychological services provided include psychological assessment, individual therapy, and therapy groups addressing issues such as stress management, psychological trauma, discharge skills, and women's issues.

The **Lincoln Complex** provides services to adult patients with specialized needs. This 102-bed Complex houses 4 programs - the MICA (Mentally Ill Chemical Abuser) program, the ITU (Intensive Treatment Unit) program, the DOP (Discharge Oriented Program) in Lazarus Cottage, and the King Cottage program. The MICA unit offers traditional psychiatric therapies in conjunction with substance abuse treatment approaches to meet the needs of selected male patients. ITU is a 34-bed unit offering a highly programmed therapeutic approach for patients displaying a range of problems. Some ITU patients are identified due to failure to progress therapeutically in other units. Others are patients with psychiatric and legal problems (e.g., incompetent to stand trial, not guilty by reason of insanity). DOP is a 22-bed co-ed program designed to provide short term, discharge focused treatment. King Cottage is a 24-bed unit for a selected set of male patients needing extended psychiatric care.

### **Where do interns get their training within TPH?**

During the course of the year long experience, each intern spends 6 months in 2 of these 4 Complexes. Assignments are based on the intern's previous experiences and current training needs. Exposure to hospital areas outside of an intern's primary placements can be arranged to broaden the diversity of the training experience.

## **What about outpatient or other specialized training experiences?**

Depth and variety of experience are further promoted by having our interns spending 1 full day per week at 1 of our outpatient or specialized training sites. An effort is made to match each intern's training interests with their specialized site placement. An intern may be placed at an established site, or a new site. New sites are added regularly in response to intern needs and requests, and changes in availability. The variety of sites, including college counseling centers, community mental health centers, New Jersey's Ann Klein Forensic Center, and the Ewing Residential Treatment Program, provide interns with the opportunity to gain additional experience in outpatient or specialized inpatient settings serving a variety of populations.

## **THE CONTENT OF TRAINING**

The TPH Psychology Internship Training Program has two broad training dimensions: (1) exposure to clinical and professional roles and experiences, and (2) didactic and supervisory experiences. Six primary components of training fit into these dimensions. Psychotherapy, psychological assessment, professional role development, and outpatient or specialized site clinical experiences fall into the first dimension. Supervision and educational experiences fall in the second dimension.

### **1. PSYCHOTHERAPY:**

The internship's psychotherapy experience is designed to provide intensively supervised exposure to a variety of patients, but primarily a patient population displaying severe and persistent psychopathology. Interns are exposed to a variety of theoretical viewpoints and treatment modalities. Each intern is observed doing individual and group psychotherapy. For each intern, a training plan is developed and supervision goals are set to remediate areas of weakness and promote growth as a psychotherapist. All interns gain extensive experience in individual and group therapy. When opportunities arise, interns may also provide family therapy. At TPH, therapy cases are chosen from the entire range of acute psychoses and chronic schizophrenias, major affective disorders, character disorders, dissociative disorders, organic conditions, and substance abuse disorders. At outpatient or specialized sites, interns see a variety of patients. Populations treated in these sites may display less severe psychopathology than the TPH population such as college students; they may represent a population that differs from the TPH population such as adolescents; or they may present with particular issues such as forensic involvement. Both inpatient and outpatient supervisors employ supervision techniques such as monitoring of taped sessions, feedback, case discussion, didactic instruction, role-playing, and discussion of assigned readings, to foster theoretical understanding and technical competence.

### **2. PSYCHOLOGICAL ASSESSMENT:**

During the year, interns gain or improve skills in the administration, scoring and interpretation of major projective and objective assessment instruments such as the: Rorschach, TAT, MCMI-III, MMPI-2, PAI, House-Tree-Person Test, Bender-Gestalt Test, Beck Depression Inventory, DES-II, WASI, WMS, and the WAIS-3. Interns meet with their diagnostic supervisor a minimum of one and a half hours per week. In addition to being taught how to select tests to answer referral questions, interns learn to use the diagnostic categories of the *DSM-IV*, develop clinical interviewing skills and make

specific, viable treatment recommendations. Interns may gain exposure to other specialized assessment tools such as the Halstead-Reitan Neuropsychological Test Battery and the SCID-D. At some point during the training year, interns will have access to our many computerized scoring and interpretive systems for tests such as the Rorschach, MMPI-2, Bender Gestalt, WAIS-3, MCMI III, and PAI.

### **3. PROFESSIONAL ROLE DEVELOPMENT:**

Development of a positive professional image through identification with professional role models is a significant aspect of our program. In addition to their more traditional roles as therapists and psychodiagnosticians, TPH's psychologists act as skilled facilitators at community meetings, as planners of innovative programming efforts, and as integral team members on their assigned units. By virtue of their treatment team experiences, interns gain exposure to different theoretical points of view and learn how to work with members of other disciplines. Psychology is also represented on all major hospital policy committees, including the Executive Committee of the Medical Staff Organization, the Performance Improvement Council, and the Research Committee.

### **4. OUTPATIENT/SPECIALIZED SITE CLINICAL EXPERIENCES:**

Each intern spends one full day a week at one of the affiliated outpatient or specialized sites. This day is spent at one site for the full year. Assignment to the outpatient/specialized setting is designed to bring diversity to intern experiences by bringing them into contact with patient populations other than psychiatric hospital inpatients. In addition, these experiences afford interns with opportunities to become familiar with alternate settings in which psychological services are delivered. Intern placements have included university college counseling centers, the Ann Klein Forensic Center, New Jersey's Special Treatment Unit Annex for treating sexual offenders, the Ewing Residential Treatment Center for adolescent males, community mental health centers in New Jersey and Pennsylvania, a community hospital based child evaluation unit, a community hospital based EAP program, a rape crisis counseling center, a women's therapy center, a university based community outreach program for adolescents, and a medical school based family health clinic where medical residents are trained by a psychologist to become better attuned to psychological dimensions of physical illness. New sites continue to be added in response to training needs and interests.

### **5. SUPERVISION:**

The internship program at TPH provides supervision by qualified supervisors who maintain a close relationship with their intern. A qualified supervisor is one who is licensed, has completed or is currently enrolled in the Central Office sponsored, year long supervisor seminar, and who is a full time staff psychologist. Interns are assigned a psychotherapy supervisor and a psychodiagnostic supervisor. Interns also participate in the year long Group Therapy Seminar and a year long Trauma Issues/Dissociative Disorder Study Group, both of which include didactic and supervisory components. Additionally, a supervisor is assigned at the outpatient or specialized training site. Combined, interns receive a minimum of 4 hours of clinical supervision per week.

### **6. EDUCATIONAL EXPERIENCES:**

To supplement their clinical experiences, interns attend the colloquium program offered by the New Jersey Department of Human Services Central Office, (see Department of Human Services brochure) and interns participate in a variety of didactic and experiential programs held at TPH throughout the year. Monthly Psychology Department and Journal Club meetings, TPH Medical Staff CE Programs, and intern in-service training programs are examples of opportunities afforded the intern to enhance their professional growth. TPH has training programs for Occupational Therapists, Nurses, and Pastoral Counselors.

## **TRENTON PSYCHIATRIC HOSPITAL PSYCHOLOGY DEPARTMENT STAFF**

### **DIRECTOR OF PSYCHOLOGY:**

Dr. Richard Estell has served as Trenton Psychiatric Hospital's Director of Psychology since 1980. He earned his Ph.D. in Clinical Psychology in 1975 from Fordham University, is currently licensed in New Jersey and Pennsylvania, and is a member of APA and the Society for Personality Assessment. Professional interests center in the assessment area, with emphasis on general issues of psychopathology, neuropsychological assessment, and the assessment of juvenile offenders. He supervises the interns in psychodiagnostic assessment, and conducts seminars on relevant issues such as interpretation of the MMPI-2, Rorschach, and/or the Halstead-Reitan Battery. Dr. Estell is a past President of the Medical Staff at TPH, and is on the Medical Staff of Capital Health System at Fuld (CHS-F) in Trenton. He supervises the intern training program at CHS-F, is a consultant at a state operated juvenile detention facility, and maintains a private practice in the Greater Trenton area. He is an adjunct faculty member at Widener University.

### **DIRECTOR OF PSYCHOLOGY INTERNSHIP TRAINING:**

Dr. Michael Siglag has worked in the Psychology Department of TPH since 1984, serving as Director or Acting Director of Training since 1989. He earned his Ph.D. in Clinical Psychology from the University of Detroit, and is licensed in New Jersey and Pennsylvania. Treatment, training, and research interests include Group Therapy, trauma based/dissociative disorders, and psychosocial rehabilitation approaches to working with emotionally disturbed individuals. He has served as a board member of the American Association for Psychosocial Rehabilitation (AAPR), and the New Jersey Group Psychotherapy Society (NJGPS). He has maintained a private practice in the Trenton area and served as a dissertation committee/adjunct faculty member in graduate psychology programs locally. He is Chief of Psychology Services for the TPH Transitional Cottage Program (Travers Complex). Intern supervision and training activities include Group and Individual Therapy supervision, Assessment supervision, running a Group Therapy Seminar, and leading a Dissociative Disorder Study Group. Dr. Siglag returned to TPH in September 2001 after spending a year leave-of-absence traveling around the world.



Dr. Paul Barnes received his Ph.D. in Clinical and School Psychology from the University of Iowa. He also completed a J.D., with an emphasis in Family Law, Law and the Handicapped, from Notre Dame University. He is a licensed psychologist in the state of Colorado. Dr. Barnes' experience includes both administration and direct provision of psychology services for people identified as having mental health and difficulties and developmental disabilities. He has also done research and has served as a university professor in the areas of child development and developmental disabilities. He currently serves as a psychologist in the Drake Complex.

Dr. Daniel Boone obtained his Ph.D. in Clinical Psychology in 1988 from Auburn University in Auburn, Alabama. He completed his clinical internship at Philadelphia State Hospital in 1986, and worked for two years with the severely and profoundly mentally retarded at the New Lisbon Developmental Center in New Lisbon, New Jersey, before transferring to Trenton Psychiatric Hospital (TPH) in 1988. He currently works on one of the admissions units in the Drake Complex, providing clinical services (group and individual therapy, psychological assessment), inservice training, and instruction of psychology interns and psychiatric residents. Dr. Boone publishes frequently on assessment issues that relate to the psychiatric inpatient population. His articles have appeared in the Journal of Clinical Psychology, the Journal of Personality Assessment, Psychological Reports, and Perceptual and Motor Skills.

Dr. David Buckley received his Ph.D. in Clinical Psychology from Seton Hall in 1997. He is a licensed psychologist in New Jersey, and intern supervisor at TPH. Dr. Buckley began his professional career working with an adolescent population at UMDNJ in Piscataway. He completed externships at Beth Israel Hospital and the Youth Development Clinic in Newark treating and assessing infants, preschoolers, and latency age children. His internship was completed at Trenton Psychiatric Hospital. He has taught as an adjunct faculty member of Raritan Valley Community College for several years. Dr. Buckley maintains a private practice in Martinsville, NJ that specializes in Christian psychotherapy. He is a member of APA and NJPA. His professional interests include personality theory and the integration of psychology and Christianity. His personal interests include music, reading, and sports. Dr. Buckley is a Clinical

Psychologist for one of TPH's admissions units. He provides individual and group therapy, and assessment services, as well as supervision of Psychology Interns.

Dr. Ron Cannella received his Ed.D. from Rutgers University in Counseling Psychology & Guidance. He is licensed in the states of NJ and NY, is Diplomate eligible in Clinical Psychology since 1980, is a Fellow on the New Jersey Academy of Psychology and is currently the Chair of APA's Committee on Disability Issues in Psychology. He supervises psychological assessment at TPH. Dr. Cannella has been a clinical supervisor of externs and interns since 1975. His areas of professional interest include: (1) applying a pragmatic (humanistic/cognitive-behavioral) approach to psychotherapy with individuals struggling with major psychiatric (psychotic/personality disordered) problems, and (2) differential diagnostic testing procedures and the integration of computerized and traditional psychological testing into a modern practice. Dr. Cannella has maintained a private practice since 1977 and has considerable expertise in the area of Rehabilitation Psychology and psychological adjustment to physical trauma.

Dr. Cerena Carideo earned her Ph.D. in Clinical Psychology from Fairleigh Dickenson University in 1992. She has worked as a psychologist in psychiatric hospital settings since 1987, providing therapy and assessment services, serving on treatment teams, and carrying out a range of treatment,

administrative, and training roles. She has additional experience providing mental health services in group-home, medical, and developmental disability facilities. Her experience working with both perpetrators and survivors of sexual abuse includes “Megan’s Law” individuals, and sexually abused women. Dr. Carideo has provided court testimony on forensic cases in the psychiatric hospital setting. In a role outside of traditional mental health settings, she served as a volunteer member of a back-up crisis team for the National Disaster Medical System during the Desert Shield/Desert Storm military operations in 1990 to 1991. Dr. Carideo is a psychologist in Lincoln Complex’s Intensive Treatment Unit.

Dr. Judith Carr received her M.A. in Clinical Psychology from Loyola College. She received her Ph.D. in Counseling Psychology from Temple University. She is interested in the psychology of women and in multi-cultural issues. In her doctoral dissertation, she researched the influence of culture on women’s perceptions of love and intimacy. She has worked in community counseling centers and in a feminist therapy center, where she has utilized a relational, interpersonal model that incorporates dynamic, humanistic, and existential components. She completed her internship at Trenton Psychiatric Hospital in 2000. As a psychology department staff member, she has worked providing psychology services in the Travers Complex transitional cottage program and in the Raycroft Complex, and has provided inservice training to psychology interns.

Dr. Peter Gelbart received his Ed.D. in Counseling and Guidance from Temple University in 1969. He also has a Masters degree in social work. Peter has worked in Psychiatric hospitals since 1965 and has seen the hospital system change from very large institutions to the present system. His primary focus is in individual therapy based on an interpersonal model. Peter enjoys jogging, reading and listening to music. One of his great joys in life is enjoying his two grandchildren.

Dr. Joan Mysiak received her Ph.D. from Rutgers University in Developmental Psychology, supplemented with clinical courses. She is licensed in New Jersey and supervises interns in the Raycroft Complex at TPH. She is working toward national certification in biofeedback. Dr. Mysiak is a member of APA and the Biofeedback and Self Regulation Society of New Jersey. Fully utilizing her developmental degree, she has worked with children and adolescents, the mentally retarded and the elderly, applying a cognitive behavioral approach. In addition to her current work with an inpatient population, she runs a support group for the families of the mentally ill at Helene Fuld Hospital. She has a keen interest in the sciences, especially geology and cosmology.

Dr. Jonathan Rapaport received a Ph.D. in Clinical Psychology from the University of Alabama in 1984. He is a licensed psychologist in New Jersey, and supervises interns at TPH. Dr. Rapaport is currently assigned to the Intensive Treatment Unit and is Chief of Psychology Services in Lincoln Complex. He supervises individual and group therapy, and psychological assessment. His eclectic psychotherapeutic approach has varied influences from the realm of cognitive-behavioral, psychodynamic, interpersonal, and pragmatic existentialist schools. He has extensive experience with the MMPI.

Dr. Glenn Ryer obtained his Ph.D. in Counseling Psychology from Temple University in 1980. He is licensed to practice psychology in New Jersey and Pennsylvania and supervises interns in TPH’s Drake Complex. His work experience and treatment interests include schizophrenic, forensic issues, ethical practice and surviving within a managed care environment. His hobbies include music, fishing and family camping. He supervises group therapy, individual therapy, and psychological assessments at TPH and serves as the Chief of Psychology Services for the TPH Drake Complex.

Dr. Nena T. Sapp earned her B.A. in Psychology cum laude from Mount Holyoke College and her Psy.D. in Clinical Psychology from Rutgers University (G.S.A.P.P.). She is a member of APA, is licensed in New Jersey, and supervises interns in the Travers Complex. Since 1981, Dr. Sapp has worked primarily with the seriously and persistently mentally ill. She has also, however, had her own private practice, and worked as a consultant at a state operated juvenile detention facility. Dr. Sapp's areas of special interest include the interface of mental disorders with women's issues, relapse prevention via education and skill development, and enhancing employee-patient relations. She is a past Director of Intern Training, a past Vice President of the TPH Medical Staff, and a recipient of an Employee of the Year award. Dr. Sapp is a Principal Clinical Psychologist in Travers Complex and serves as Primary Therapy Supervisor to Travers Complex Psychology Interns.

Dr. Mahmood Shafieyan completed his Ph.D. in Counseling Psychology from the University of Pennsylvania in 1983. He has worked in settings serving emotionally disturbed clients, developmentally disabled clients with behavior problems, clients with sexual offense backgrounds, and children and adolescents. He has worked as a psychologist both here in the United States and in Iran. He currently provides psychological services in the Raycroft Complex.

Dr. Thomas Steinberg received his Ph.D. in Clinical Psychology from Rutgers University. He is licensed in New Jersey and Pennsylvania, and supervises psychology interns. He has worked in Cleveland, Philadelphia, and Marlboro Psychiatric Hospitals. His experience and interests include individual, group, and family therapy. An interest he developed at Marlboro Psychiatric Hospital is multifamily group therapy. Currently, he provides psychology services and supervises interns in therapy and treatment team work in the Drake Complex.

## **SALARY AND BENEFITS**

Projected salary for the 2003-2004 internship class is \$23,300. Interns receive 8 vacation days, 8 sick days, 2 Administrative Leave days, and 3 professional days for attending conferences or professional workshops. Interns receive lunch in the employee cafeteria at no charge. No medical insurance coverage is provided.

## **ADMISSIONS REQUIREMENTS**

### Pre-Doctoral Candidates

Candidates must have graduated from an accredited college or university with a Bachelor's Degree, supplemented by a Master's Degree in psychology (or certified equivalent) from an accredited college or university. Candidates must be enrolled in a doctoral program in applied psychology (clinical or counseling) at an accredited university or professional school, be approved by their chairman for the internship. Successful applicants should have completed graduate course training in each of the following areas:

1. Psychotherapeutic techniques and counseling with practicum experience.
2. Objective and projective testing with practicum experience.
3. Personality development and psychopathology.
4. Theories of learning and motivation.
5. Research design and statistical analysis.

In addition, applicants should have completed at least 500 hours of practicum experience.

#### Post-Doctoral Candidates (Changing Specialties)

Doctoral psychologists who are attempting to change their specialty to qualify in an applied area of psychology must be certified by a director of graduate professional training as having participated in an organized program in which the equivalent of pre-internship preparation (didactic and field experience) has been acquired. (See pre-doctoral requirements for specific work and practicum experience.

### **APPLICATION PROCEDURE**

#### Submit Application Requests and Materials to:

Michael Siglag, Ph.D.  
Director of Psychology Intern Training  
Trenton Psychiatric Hospital  
P.O. Box 7500  
West Trenton, New Jersey 08628  
Phone: (609) 633-1944

Phone requests may be made to Psychology Department support staff at (609) 633-1551, or faxed requests sent to (609) 633-1876.

#### Application Form

We are utilizing the APPIC APPLICATION FOR PSYCHOLOGY INTERNSHIP (AAPI) form. Please complete this form and have all supportive materials completed and sent to us at the address of the Director of Psychology Internship Training.

#### Supportive Materials

Supportive materials which should be submitted as part of your application, in addition to the AAPI application form:

- 1) Graduate Transcripts.
- 2) 3 letters of recommendation.
- 3) Copy of your curriculum vita, or resume.
- 4) A recent work sample (e.g., a psychological assessment).

#### Deadline

The DEADLINE for sending the APPLICATION (AAPI) and all supportive materials is DECEMBER 1. Please submit your materials in sufficient time so that they are postmarked by that date.

## **ADHERENCE TO APPIC GUIDELINES**

We adhere to APPIC board decisions applicable to all internship sites, and participate in the national computer matching program.

## **APA CONTACT ADDRESS**

In addition to contacting us directly, you may contact APA for current information on our status, at:

American Psychological Association  
Office of Program Consultation and Accreditation  
750 First Street, NE  
Washington, DC 20002-4242  
(202) 336-5500